

# Nonsingular Universes a là Palatini.

**Gonzalo J. Olmo**

Instituto de Física Corpuscular - CSIC (Valencia, Spain)



# Motivation and Summary

- The **Big Bang singularity** is regarded as a problem that only a full **quantum theory of gravity** can solve. But we do not have yet such a theory.

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LQC and bouncing  $f(R)$  models

Beyond isotropy in  $f(R)$  models

Beyond  $f(R)$

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- Phenomenological attempts to avoid singularities with effective theories generally require **new degrees of freedom** (non-local terms, extra fields, higher-order equations), which are excited and become important at increasing energies.

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- Here we consider the following problem:

*Can we construct a Lagrangian-based phenomenological theory of gravity free from singularities and as successful as GR at low energies without introducing extra fields or new degrees of freedom?*

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- A (Hamiltonian-based) example sharing this philosophy is provided by some toy models of **canonical quantum gravity**:
  - ◆ The effective dynamics of **Loop Quantum Cosmology** replaces the Big Bang singularity by a **cosmic bounce** using second-order equations (like GR). The bounce is due to **non-perturbative quantum effects**.
  - ◆ Lagrangians yielding similar dynamics could answer our question and establish a link with **LQC** and related approaches.

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- A partial answer to our question was found recently in the form of an  $f(R)$  theory in **Palatini formalism** which could exactly reproduce the effective dynamics of isotropic **LQC** – Olmo & Sing (2009).

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- Besides the LQC Lagrangian, many other Palatini  $f(R)$  theories yield non-singular isotropic cosmologies based purely on second-order equations – Barragán, Olmo & Sanchis-Alepuz (2009).

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- Since exact isotropy is a very strong idealization, here we consider the behavior of  $f(R)$  and other Palatini theories in **anisotropic scenarios**.

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- Since exact isotropy is a very strong idealization, here we consider the behavior of  $f(R)$  and other Palatini theories in **anisotropic scenarios**.
- We will see that:

- ◆  $f(R)$  models with isotropic bouncing solutions generically develop **shear singularities** in **anisotropic** scenarios.
- ◆ Completely regular isotropic and anisotropic bouncing solutions exist in  $f(R, Q)$  models, where  $Q \equiv R_{(\mu\nu)}R^{(\mu\nu)}$ , thus providing a promising arena to build a non-singular theory of gravity.



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#### LQC and bouncing $f(R)$ models

- Palatini  $f(R)$  theories
- Finding the CEA
- Other nonsingular  $f(R)$  models
- Characterizing the  $f(R)$  Bounce

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# LQC and other bouncing $f(R)$ models

# Palatini $f(R)$ theories

- Action and field equations of Palatini  $f(R)$  theories:

$$S = \frac{1}{2\kappa^2} \int d^4x \sqrt{-g} f(R) + S_m(g_{\mu\nu}, \Psi), \text{ where } (g_{\mu\nu}, \Gamma_{\beta\gamma}^\alpha) \text{ are independent.}$$

$$f_R R_{\mu\nu}(\Gamma) - \frac{1}{2} g_{\mu\nu} f(R) = \kappa^2 T_{\mu\nu}, \text{ where } f_R \equiv df/dR.$$

$$\nabla_\alpha \left( \sqrt{-g} f_R g^{\beta\gamma} \right) = 0 \Rightarrow \Gamma_{\beta\gamma}^\alpha = \frac{t^{\alpha\rho}}{2} \left[ \partial_\beta t_{\rho\gamma} + \partial_\gamma t_{\rho\beta} - \partial_\rho t_{\beta\gamma} \right], \text{ where } t_{\mu\nu} = f_R g_{\mu\nu}.$$

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- Resulting equations for the metric  $g_{\mu\nu}$ :

$$G_{\mu\nu}(g) = \frac{\kappa^2}{f_R} T_{\mu\nu} - \frac{\mathcal{R} f_R - f}{2f_R} g_{\mu\nu} - \frac{3}{2f_R^2} \left( \partial_\mu f_R \partial_\nu f_R - \frac{1}{2} g_{\mu\nu} (\partial f_R)^2 \right) + \frac{1}{f_R} \left( \nabla_\mu \nabla_\nu f_R - g_{\mu\nu} \square f_R \right)$$

In short:  $G_{\mu\nu}(g) = \frac{\kappa^2}{f_R} T_{\mu\nu} + \tau_{\mu\nu}(T)$

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- Note that in vacuum:  $G_{\mu\nu}(g) = -\Lambda_{eff} g_{\mu\nu}$ , with  $\Lambda_{eff} \equiv \frac{\mathcal{R} f_R - f}{2f_R} \Big|_{\mathcal{R} \rightarrow \mathcal{R}_0}$ .

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- Palatini  $f(R)$  looks like GR with a modified source !!!

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# Finding the LQC effective action

■ In a FRW Universe  $ds^2 = -dt^2 + a^2(t)d\vec{x}^2$ . In GR  $3(\dot{a}/a)^2 = \kappa^2\rho$

■ For a massless scalar, the Hubble function  $H = \dot{a}/a$  is given by

◆ In LQC:  $3H^2 = 8\pi G\rho \left(1 - \frac{\rho}{\rho_{crit}}\right)$ , with  $\rho_{crit} = 0.41\rho_{Planck}$ .

◆ In Palatini  $f(R)$ :  $3H^2 = \frac{f_R(\kappa^2\rho + (\mathcal{R}f_R - f)/2)}{\left(f_R - \frac{12\kappa^2\rho f_{RR}}{2(\mathcal{R}f_{RR} - f_R)}\right)^2}$ .

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■ We find the following o.d.e.:  $f_{RR} = -f_R \left( \frac{Af_R - B}{2(\mathcal{R}f_R - 3f)A + \mathcal{R}B} \right)$ ,

where  $A = \sqrt{2(\mathcal{R}f_R - 2f)(2\mathcal{R}_c - [\mathcal{R}f_R - 2f])}$ ,

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■ This leads to a **unique solution** with  $f_R \rightarrow 1$  when  $R \rightarrow 0$  satisfying

$\ddot{a}_{LQC} = \ddot{a}_{Pal}$  at  $\rho = \rho_c$  – Olmo & Sing (2009).

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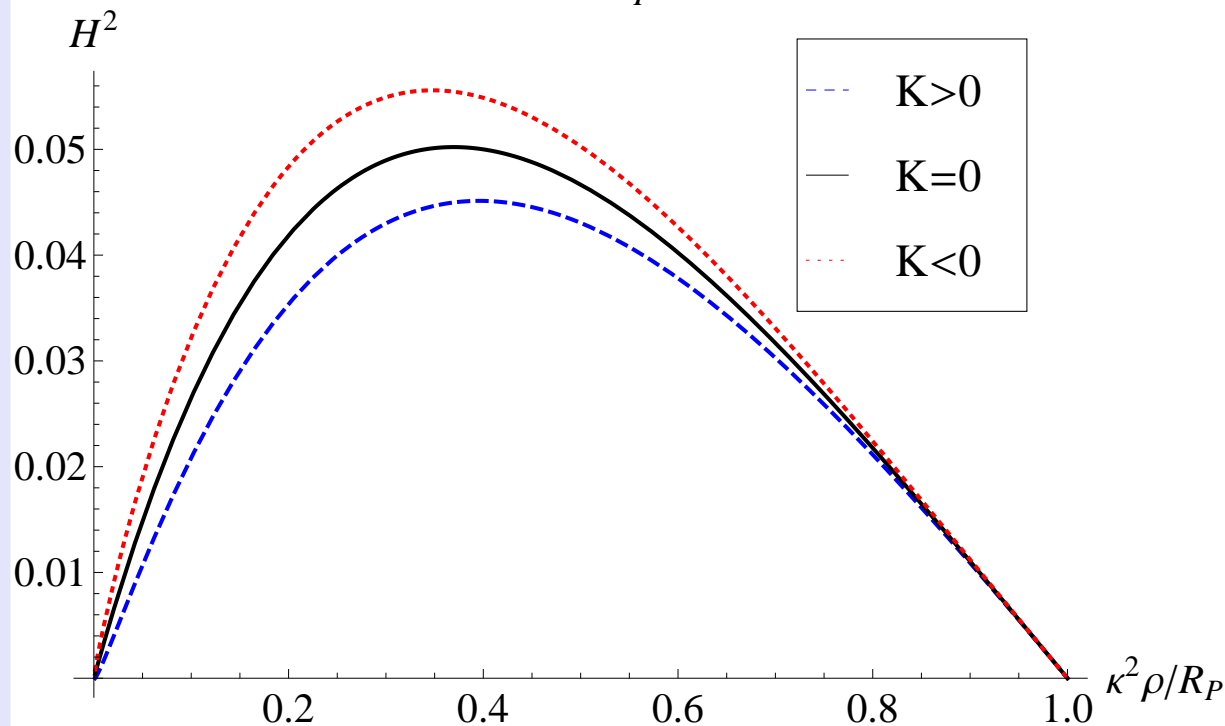
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# Other nonsingular $f(R)$ models

- The LQC Lagrangian is not the only  $f(R)$  model that avoids the Big Bang singularity. The simple model  $f(R) = R + a \frac{R^2}{R_P}$  can also do the job:

$$f(R) = R - \frac{R^2}{2 R_P}, \quad \omega=0$$



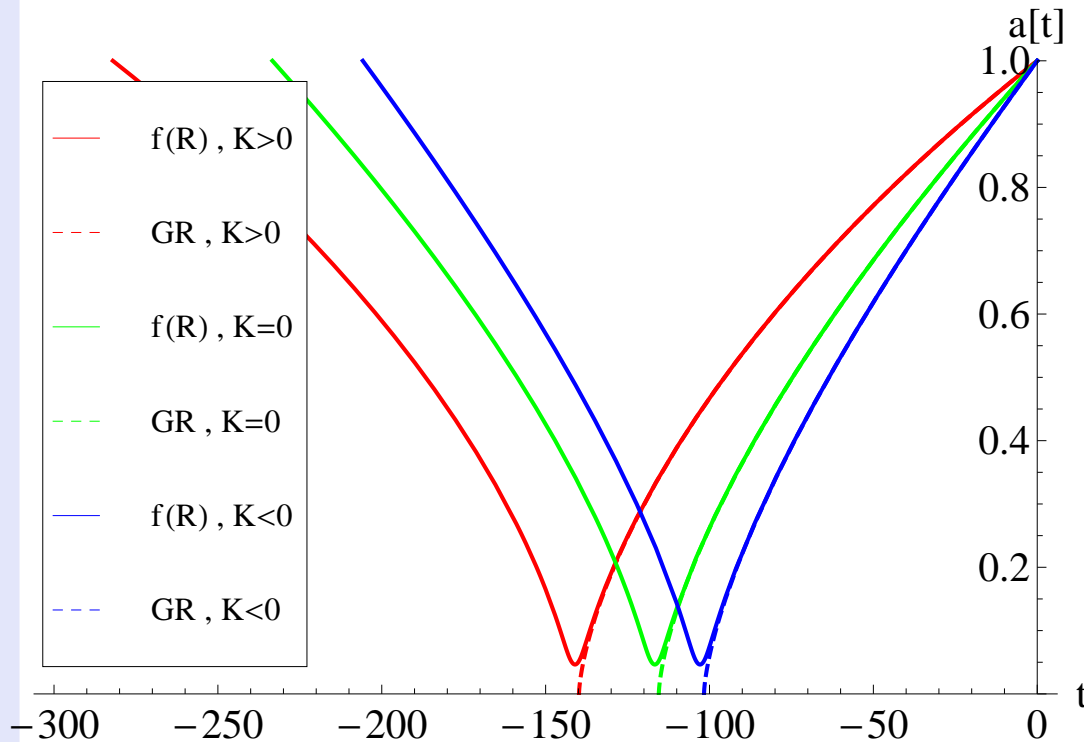
- The Hubble function begins growing linearly, then reaches a maximum and drops to zero at high energies producing a cosmic bounce.



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$$\text{GR - Vs- } f(R) = R - \frac{R^2}{2 R_p}$$



- Starting with a contracting phase, the expansion factors reach a minimum and bounce to our expanding universe.

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# Characterizing the $f(R)$ Bounce.

- For a general  $f(R)$  theory, the Hubble function is given by ( $P = w\rho$ )

$$H^2 = \frac{1}{6f_R} \frac{\left[ f + \kappa^2(\rho + 3P) - \frac{6Kf_R}{a^2} \right]}{\left[ 1 + \frac{3}{2}\tilde{\Delta}_1 \right]^2} \quad \text{where} \quad \tilde{\Delta}_1 = -(1+w)\rho(\partial\rho f_R)/f_R \cdot$$

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- A cosmic bounce occurs whenever  $H^2 = 0$ , which may happen if:

- ◆ I:  $f_R(Rf_{RR} - f_R) = 0$  because  $\tilde{\Delta}_1 = \frac{(1+w)(1-3w)\kappa^2\rho f_{RR}}{f_R(Rf_{RR} - f_R)}$ .
- ◆ II:  $f + \kappa^2(\rho + 3P) - 6Kf_R/a^2 = 0$ .

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- For a general  $f(R)$  theory, the Hubble function is given by ( $P = w\rho$ )

$$H^2 = \frac{1}{6f_R} \frac{\left[ f + \kappa^2(\rho + 3P) - \frac{6Kf_R}{a^2} \right]}{\left[ 1 + \frac{3}{2}\tilde{\Delta}_1 \right]^2} \quad \text{where} \quad \tilde{\Delta}_1 = -(1+w)\rho(\partial_\rho f_R)/f_R .$$

- A cosmic bounce occurs whenever  $H^2 = 0$ , which may happen if:

- ◆ I:  $f_R(Rf_{RR} - f_R) = 0$  because  $\tilde{\Delta}_1 = \frac{(1+w)(1-3w)\kappa^2\rho f_{RR}}{f_R(Rf_{RR} - f_R)}$ .
- ◆ II:  $f + \kappa^2(\rho + 3P) - 6Kf_R/a^2 = 0$ .

- If  $f(R) \approx R$  at low energies, only  $f_R = 0$  occurs. – Barragán & Olmo (2010)

- ◆ Assuming  $g(R) = 2\left(1 + \frac{3}{2}\tilde{\Delta}_1\right) = \frac{f_{RR}[6(1+w)f - (1+3w)Rf_R] - f_R^2}{f_R(Rf_{RR} - f_R)}$  such that  $g(R) \approx 1$  at

low  $R$  but diverges at  $R_P$ , and denoting  $f = R_0 e^{\lambda(R)}$ , we find

$$\frac{\lambda_{RR} + \lambda_R^2}{\lambda_R^2} = \frac{[2 - g(R)]}{6(1+w) - [1 + 3w + g(R)]R\lambda_R}$$

- ◆ Since  $R\lambda_R > 0$ , the denominator may vanish as  $g(R)$  grows. A true bounce can only happen when  $g(R) \rightarrow \infty$ , but that requires that  $g(R)\lambda_R$  be finite to exactly cancel out with the other terms. Since this can only happen if  $\lambda_R = 0 = f_R$ , the condition  $Rf_{RR} - f_R$  is excluded.

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- Finding the CEA
- Other nonsingular  $f(R)$  models
- Characterizing the  $f(R)$  Bounce

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# Beyond isotropy in $f(R)$ models



# Anisotropies in $f(R)$ : the end of a dream.

- Consider a Bianchi I universe:  $ds^2 = -dt^2 + \sum_i a_i^2 (dx^i)^2$

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■ Magnitudes of interest:  $(H_i = \frac{\dot{a}_i}{a_i})$

◆ Expansion:  $\theta = \sum_i H_i \Rightarrow \theta^2 = 9H^2 + \frac{3}{2} \frac{\sigma^2}{(1 + \frac{3}{2} \tilde{\Delta}_1)^2}$

◆ Shear:  $\sigma^2 = \sum_i \left(H_i - \frac{\theta}{3}\right)^2 \Rightarrow \sigma^2 = \frac{\rho^{1+w}}{f_R^2} \frac{(C_{12}^2 + C_{23}^2 + C_{31}^2)}{3}$

where  $C_{12} + C_{23} + C_{31} = 0$ .

◆ Conservation equation:  $\dot{\rho} = -\theta(\rho + P)$

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Since  $H^2$  can only vanish when  $f_R = 0$  and that implies a divergence of  $\sigma^2 \sim 1/f_R^2$ , Palatini  $f(R)$  models turn out to be unstable under anisotropic perturbations.

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■ Note that  $R_{\mu\nu\sigma\rho} R^{\mu\nu\sigma\rho} \sim 1/f_R^4$  confirms that the divergence of  $\sigma^2$  is a true geometrical singularity.

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- In such theories the indep. connection is the Levi-Civita of

$$h_{\mu\nu} = \Omega \left( g_{\mu\nu} - \frac{\Lambda_2}{\Lambda_1 - \Lambda_2} u_\mu u_\nu \right), \text{ where } \Omega = \sqrt{\Lambda_1(\Lambda_1 - \Lambda_2)},$$

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- We also find that  $R = R(\rho, P)$ ,  $Q = Q(\rho, P)$ , which implies a phenomenology much richer than that of  $f(R)$  theories.



# Explicitly solvable $f(R, Q)$ models

- For physical applications, we need solvable models:  $R(\rho, P), Q(\rho, P)$  .

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■ Simplest solvable models:  $f(R, Q) = \tilde{f}(R) + \frac{R_{(\mu\nu)}R^{(\mu\nu)}}{R_P}$

◆ Trace equation  $2Qf_Q + Rf_R - 2f = \kappa^2 T \Rightarrow R\tilde{f}_R - 2\tilde{f} = \kappa^2 T \Rightarrow R = R(T)$ .

◆ Trace of  $\sqrt{2f_Q}\hat{M}$ :  $\frac{Q}{2R_P} = -\left(\kappa^2 P + \frac{\tilde{f}}{2} + \frac{R_P}{8}\tilde{f}_R^2\right) + \frac{R_P}{32}\left[3\left(\frac{R}{R_P} + \tilde{f}_R\right) \pm \sqrt{\left(\frac{R}{R_P} + \tilde{f}_R\right)^2 - \frac{4\kappa^2(\rho+P)}{R_P}}\right]^2$

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$$Q = \frac{3R_P^2}{8} \left[ 1 - \frac{2\kappa^2(\rho+P)}{R_P} + \frac{2\kappa^4(\rho-3P)^2}{3R_P^2} - \sqrt{1 - \frac{4\kappa^2(\rho+P)}{R_P}} \right]$$

Expanding:  $Q \approx \kappa^4 (3P^2 + \rho^2) + \frac{3\kappa^6(P+\rho)^3}{2R_P} + \frac{15\kappa^8(P+\rho)^4}{4R_P^2} + \dots$

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- $\rho$  and  $P$  are **bounded from above**:  $1 - \frac{4\kappa^2(\rho+P)}{R_P} \geq 0$

We expect **important changes in the dynamics at high curvatures** (Big Bang, Black Holes,...).

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- The connection equation implies that  $\Gamma_{\beta\gamma}^{\alpha}$  is the Levi-Civita of

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- The connection equation implies that  $\Gamma_{\beta\gamma}^{\alpha}$  is the Levi-Civita of

$$h_{\mu\nu} = \Omega \left( g_{\mu\nu} - \frac{\Lambda_2}{\Lambda_1 - \Lambda_2} u_{\mu} u_{\nu} \right), \text{ where}$$

$$\diamond \quad \Omega = [\Lambda_1 (\Lambda_1 - \Lambda_2)]^{1/2}$$

$$\diamond \quad \Lambda_1 = \sqrt{2f_Q} \lambda + \frac{f_R}{2}$$

$$\diamond \quad \lambda = \sqrt{\kappa^2 P + \frac{f}{2} + \frac{f_R^2}{8f_Q}}$$

$$\diamond \quad \Lambda_2 = \sqrt{2f_Q} \left[ \lambda \pm \sqrt{\lambda^2 - \kappa^2 (\rho + P)} \right]$$

- In Bianchi I  $f(R, Q)$  spacetimes we find

$$\diamond \quad \theta^2 = 9H^2 + \frac{3}{2} \frac{\sigma^2}{(1 + \frac{3}{2} \Delta_1)^2}$$

$$\diamond \quad \Delta_1 = -(1 + w) \rho \partial_{\rho} \Omega / \Omega$$

$$\diamond \quad H^2 = \frac{1}{6(\Lambda_1 - \Lambda_2)} \frac{\left[ f + \kappa^2 (\rho + 3P) - \frac{6K\Lambda_1}{a^2} \right]}{\left[ 1 + \frac{3}{2} \Delta_1 \right]^2}$$

$$\diamond \quad \sigma^2 = \frac{\rho^{\frac{2}{1+w}}}{(\Lambda_1 - \Lambda_2)^2} \frac{(C_{12}^2 + C_{23}^2 + C_{31}^2)}{3}$$

- The bouncing condition  $\theta = 0$  requires that  $(1 + \frac{3}{2} \Delta_1)^2 \rightarrow \infty$ .

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- For the model  $f(R, Q) = R + a \frac{R^2}{R_P} + \frac{R_{(\mu\nu)} R^{(\mu\nu)}}{R_P}$

- ◆ If  $(\Lambda_1 - \Lambda_2) \rightarrow 0$  at some  $\rho_B$  then isotropic bounce is possible.

- ◆ If  $Q = Q_{max}$  a regular isotropic and anisotropic bounce is possible.

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# Dependence of the bounce on $(a, w)$ in $f(R, Q)$

- The classification of the bouncing solutions for

$$f(R, Q) = R + a \frac{R^2}{R_P} + \frac{R_{\mu\nu} R^{\mu\nu}}{R_P} \text{ is as follows:}$$

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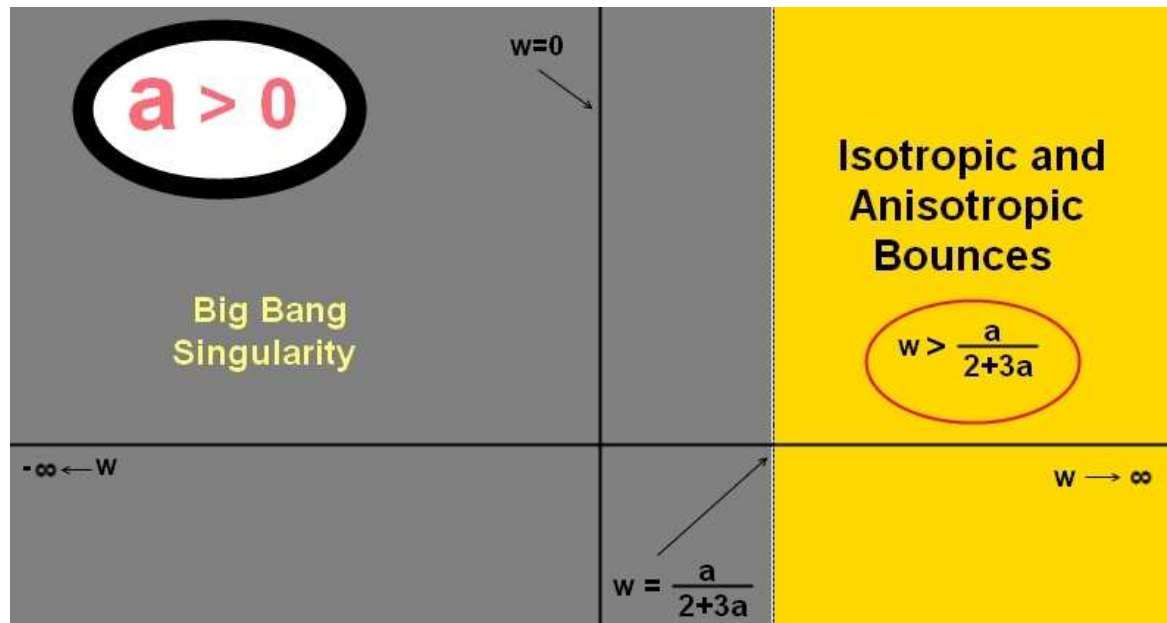
$$f(R, Q) = R + a \frac{R^2}{R_P} + \frac{R_{\mu\nu} R^{\mu\nu}}{R_P}$$

is as follows:

- If  $a > 0$  the bounce occurs when  $Q = Q_{max}$ . This is so because  $\partial_\rho \Omega \sim \partial_\rho \lambda \sim \partial_\rho Q$  and  $Q$  contains a term of the form  $\sqrt{\Phi}$  which vanishes at  $Q_{max}$ . The density at the maximum is given by

$$\frac{\kappa^2 \rho_{Q_{max}}}{R_P} \equiv \frac{1 + 5w - 2a(1 - 3w) - \sqrt{8(1+w)(2w - a(1 - 3w))}}{(1 + 2a)^2 (1 - 3w)^2}$$

- ◆ The bounce occurs at that density if  $w > \frac{a}{2+3a}$





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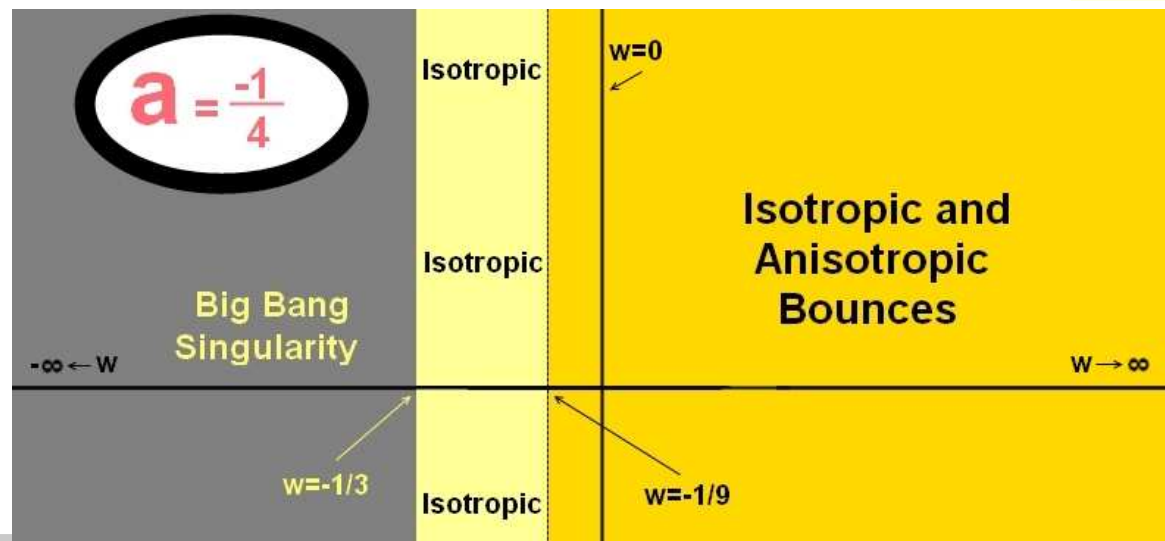
$$f(R, Q) = R + a \frac{R^2}{R_P} + \frac{R_{\mu\nu} R^{\mu\nu}}{R_P}$$

is as follows:

- If  $a \leq 0$  the bounce occurs at the following density:

$$\frac{\kappa^2 \rho_B}{R_P} = \begin{cases} \frac{1+6w-2a(1-3w)-3\sqrt{w(2+3w)-a(1+w)(1-3w)}}{(1+a)(1+4a)(1-3w)^2} & \text{if } w \leq w_0 \\ \frac{\kappa^2 \rho_{Q_{max}}}{R_P} & \text{if } w \geq w_0 \end{cases}$$

- ◆ Note that  $w_0$  is always negative.
- ◆ For  $w \geq w_0$  the bounce is due to reaching  $Q_{max}$ .
- ◆ For  $w \leq w_0$  the bounce is due to the vanishing of  $\Lambda_1 - \Lambda_2$ .



# Details of $a \leq 0$ isotropic bounces

- How negative can  $w$  be extended beyond the matching point  $w_0$ ?
- If  $-1/4 < a \leq 0$  restricted by the argument of the square root for

$$w \leq w_0 \Rightarrow -\frac{1}{3} + \frac{1}{3} \sqrt{\frac{1+4a}{1+a}} < w < \infty$$

- If  $a = -1/4$  the density at the bounce is given by

$$\frac{\kappa^2 \rho_B}{R_P} = \begin{cases} \frac{1}{3(1+3w)} & \text{if } w \leq -\frac{1}{9} \\ \frac{\kappa^2 \rho_{Qmax}}{R_P} & \text{if } w \geq -\frac{1}{9} \end{cases} \Rightarrow -1/3 \leq w < \infty$$

- If  $-1/3 \leq a \leq -1/4$  Though here the square root is always real, we find numerically that the bouncing solutions cannot be extended beyond the value  $w < -1$ , where  $\rho_B$  reaches a maximum  $\Rightarrow -1 < w < \infty$

- If  $-1 \leq a \leq -1/3$  here  $-1 < w$  also. We also find restrictions for  $w > 1$

$$\text{due to zeros in the denominator of } H^2. \Rightarrow -1 < w < \frac{\alpha + \beta a}{(1+3a)^2} > 1 ,$$

where  $\alpha = 1.1335$  and  $\beta = -3.3608$ .

- If  $a \leq -1$   $w$  depends on the square root  $\Rightarrow -1 < w < a/(2+3a)$ .

*Note that dust and radiation are always non-singular!!!*

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# Conclusions and Perspectives

- Palatini theories have an extraordinary ability to avoid singularities without the need for extra degrees of freedom:
  - ◆ Using  $f(R)$  Lagrangians we reproduced the isotropic LQC dynamics.
  - ◆ Other simple models,  $f(R) = R + R^2/R_P$ , also avoid the big bang.

*$f(R, Q)$  Lagrangians generate bouncing solutions in anisotropic scenarios and for standard sources of matter and radiation,  $0 \leq w \leq 1/3$  !!!*

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- The independent connection is fundamental to **avoid new degrees of freedom** and yield **non-linear matter contributions** that generate the **bounce**.

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- The independent connection is fundamental to **avoid new degrees of freedom** and yield **non-linear matter contributions** that generate the **bounce**.
- Natural future directions:
  - ◆ Cosmology of other Bianchi models.
  - ◆ Gravitational collapse and structure of compact objects in  $f(R, Q)$ .
  - ◆ Exploration of more general quadratic Lagrangians.
  - ◆ Hamiltonian description of general Palatini theories.

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# Thanks !!!